

Emergency Response



for Opioid Overdose ...using nasal naloxone

1) Try to wake the person up

- Shake them and shout.
- If no response, grind your knuckles into their breast bone for 5 to 10 seconds.



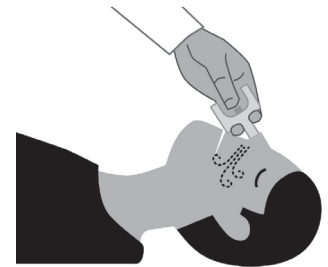
Someone has overdosed.

Someone isn't breathing.



3) Administer nasal naloxone

- Hold sprayer between thumb and two fingers.
- **DO NOT TEST SPRAY!** Spray entire dose into nostril.
- Repeat after 2 to 3 minutes if still not conscious.



2) Call 9-1-1

If you report an overdose, New York State law protects you and the overdosed person from being charged with drug possession, even if drugs were shared.

4) Check for breathing

Give CPR if you have been trained, or do rescue breathing:

- Tilt the head back, open the mouth, and pinch the nose.
- Start with 2 breaths into the mouth. Then 1 breath every 5 seconds.
- Continue until help arrives.



5) Stay with the person

- Naloxone wears off in 30 to 90 minutes.
- When the person wakes up, explain what happened.
- If you need to leave, turn the person on his or her side to prevent choking.

To get help:

New York State Office of Alcoholism and Substance Abuse Services (OASAS)
(877) 8-HOPE-NY, or (877) 846-7369 www.oasas.ny.gov

To get a replacement kit: Directory of programs www.health.ny.gov/overdose

For more information: Harm Reduction Coalition harmreduction.org/overdose



Department of Health



harm reduction
COALITION

Report Naloxone Use



Report Your Naloxone (Narcan®) Use

When you use naloxone (Narcan®) to reverse an overdose, please let us know by **calling (607) 762-2622 from 9am – 3pm Monday through Friday**. We will help you get more naloxone (Narcan®) and connect you with local resources, if you need them. If you are more comfortable, you can also report your naloxone (Narcan®) use anonymously on our website: <https://www.nyuhs.org/care-treatment/addiction-medicine/opioid-overdose-prevention-program>, or scan the QR code with your phone. Thank you for saving lives in our community.



Getting Naloxone (Narcan®) at Your Local Pharmacy

Please visit the New York State Department of Health's website for a statewide directory (arranged by county) of pharmacies that have naloxone (Narcan®) available without a prescription: https://www.health.ny.gov/diseases/aids/general/opioid_overdose_prevention/directories.htm or scan the QR code with your phone.



What should I do if I think I have a problem with substances (an addiction)?

We are pleased to offer open access for substance use disorder assessments and linkage to our treatment programs. **Please call (607) 762-3288 between the hours of 9am-11am Monday through Friday and 1pm-3pm, Monday, Tuesday, Thursday and Friday.**

The UHS Addicition Medicine Department treats all substance use disorders (opioid, alcohol, methamphetamine, nicotine, etc.) and offers inpatient and outpatient services, as well as medication for opioid use disorder with Suboxone® (buprenorphine/naloxone) and methadone.

To learn more about our services, visit our website at: [nyuhs.org/care-treatment/behavioral-health/addiction-medicine](https://www.nyuhs.org/care-treatment/behavioral-health/addiction-medicine) or scan the QR code with your phone.

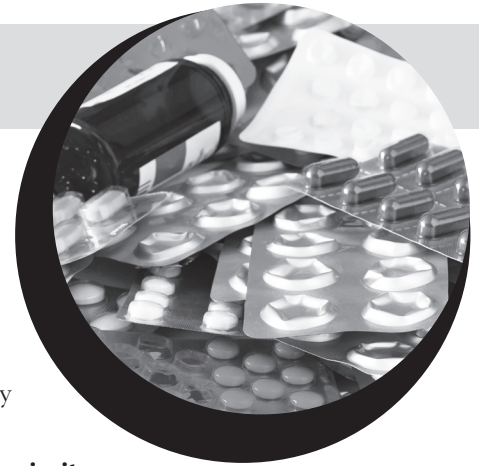




Unwanted Medication Disposal

How should I dispose of old or unused medication?

Medications play an important role in treating certain conditions and diseases, but they must be taken with care. Unused portions of these medications must be disposed of properly to avoid harm. However, certain medicine may be especially harmful and, in some cases, fatal in a single dose if they are used by someone other than the person the medicine was prescribed for. For this reason, some medications have special disposal directions that indicate they should be flushed down the sink or toilet after the medicine is no longer needed. If you dispose these down the sink or toilet, they cannot be accidentally used by children, pets, or anybody else.



It is important to note that disposal by flushing is not recommended for the vast majority of medicines. For information on drugs that can be flushed visit the FDA website: www.fda.gov

For all other medications it is recommended to put them in a clear ziplock bag and bring to one of the following locations:

Broome County

UHS Pharmacy Wilson Place
52 Harrison Street, Johnson City, NY
UHS Pharmacy (Summit Building)
33 Mitchell Avenue, Suite 108, Binghamton, NY
Broome County Sheriff's Office (Administration lobby)
155 Lt. VanWinkle Drive, Binghamton, NY
Broome County Office Building
60 Hawley Street, Binghamton, NY
Endicott Police Station
1101 Park Street, Endicott, NY
Broome County Public Library
185 Court Street, Binghamton, NY

Sullivan County

Fallsburg Police Department
19 Railroad Plaza, South Fallsburg, NY
Liberty Police Department
159 North Main Street, Liberty, NY
Monticello Police Department
2 Pleasant Street, Monticello, NY
Sullivan County Sheriff's Department of Social Services
Robert Travis Building 16 Community Lane, Liberty, NY

Chenango County

County Sheriff's Office
279 County Road 46, Norwich, NY
Bainbridge Town Hall
15 North Main Street, Bainbridge, NY
Bartle's Pharmacy
10 Lafayette Park, Oxford NY

Delaware County

Community Pharmacy at Delaware Valley Hospital
121 Stockton Avenue, Walton, NY
New York State Police Troop C – Sidney
Route 7, Box 300, Sidney, NY
Village of Deposit Police Department
146 Front Street, Deposit, NY

Tioga County

Owego Police Department
90 Temple St, Owego, NY
Tioga County Sheriff
103 Corporate Dr. Owego, NY
Waverly Police Department
32 Ithaca Street, Waverly, NY
Apalachin Pharmacy
6845 State Route 434, Apalachin, NY 13732

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