

## Welcome!

Our goal is to keep you, your loved one and our staff safe at all times.

We at UHS Senior Living at Ideal are committed to providing the best of care and the most pleasant living environment for our residents, while at the same time ensuring resident, visitor and staff safety during the unprecedented COVID-19 situation.

Consistent with the New York State Department of Health's guidance to long-term care facilities regarding visitor policies, these guidelines are currently in place for our Adult Care Facility and our Nursing Home.

Visitation is beneficial for your loved one and for you, both physically and emotionally. However, because of the virus, there are risks associated with either transmitting the illness to the person you visit or getting sick yourself.

We appreciate your willingness to help us keep our facilities and everyone in them safe and secure by following the guidelines in this brochure.



## Visitor Information Guidelines

### UHS Senior Living at Ideal

#### *Guidelines for visiting residents of the Adult Care Facility and the Nursing Home during the pandemic*

#### **A COVID-free environment:**

In adult care facilities New York State mandates that facility must have no new confirmed staff or resident COVID-19 cases in the last fourteen (14) days before visitation can be allowed.

In skilled nursing facilities New York State and Federal requirements mandate that the facility must have an absence of any new onset COVID-19 cases in the last fourteen (14) days and is not conducting outbreak testing before visitation can be allowed.

#### **Notice:**

The New York State Department of Health can halt visitation at the Nursing Home or Adult Care Facility at any time due to community or facility spread of infection or based on the department's identification of failure to comply with one or more elements of the visitation advisory.

#### **UHS Senior Living at Ideal**

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**(607) 786-7300**



[nyuhs.org](http://nyuhs.org)



UHS Wilson Medical Center  
UHS Binghamton General Hospital  
UHS Physician Practices

UHS Chenango Memorial Hospital  
UHS Delaware Valley Hospital  
UHS Senior Living at Ideal

UHS Medical Group  
UHS Home Care  
UHS Foundation

UHS/LS/PS/09/20/5C



## Rules for Visiting

Visitors are permitted to come to see residents on our campus as long as all state criteria are met. The basic rules and guidelines for visitation are as follows:

- **All visits are permitted by appointment only**, Monday through Friday, during regular business hours. Visits in the Nursing Home are coordinated by our Social Worker; and visits in the Adult Care Facility are handled by the Case Manager.
- Visits are **limited to outdoor areas**, weather permitting and under certain circumstances in an inside, well-ventilated space with no more than 10 individuals.
- Visits are **contact-free only**, with the resident and visitor remaining at least **six feet apart**.
- **A mask or other facial covering is required at all times.**

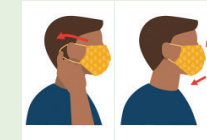


*We know how important visiting is for your loved one and for you. We welcome and encourage your visit. Please follow state guidelines and our policies so that your visit can be enjoyable, restorative and safe.*

- The visitation area will be supervised by a staff member to assure that mask-wearing and physical distancing are observed.
- **A visitor must be age 18 or older**, or be accompanied and supervised by someone 18 or older.
- Each visitor must provide contact information for purposes of tracing should an exposure occur.
- Visitation is not permitted to any resident who is currently diagnosed with COVID-19, who has signs or symptoms of the virus, or who is in a 14-day quarantine or observation period for the disease.
- On arrival, each visitor must **check in at the Lobby** of the Nursing Home.
- To visit, a person **must submit to screening**, which consists of answering questions on any symptoms or exposures, and on any recent travel, as well as having their temperature checked with a touch-free scanner. Visitors to the Nursing Home must present a verified negative COVID-19 test result within the last week (7 days).
- Separate limitations apply for the number of visitors permitted at any given time for the Adult Care Facility and for the Nursing Home. To learn the current limits for each, ask our representative when you call to schedule your visit.
- **State regulations require that visitation must be refused if the individual(s) fails to present negative test result (applies to Nursing Home visitors only), exhibits any COVID-19 symptoms, or does not pass screening questions.**

### Wear your Face Covering Correctly

- Wash your hands before putting on your face covering
- Put it over your nose and mouth and secure it under your chin
- Try to fit it snugly against the sides of your face
- Make sure you can breathe easily



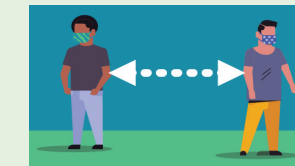
### Take Off Your Cloth Face Covering Carefully

- Untie the strings behind your head or stretch the ear loops
- Handle only by the ear loops or ties
- Fold outside corners together
- Be careful not to touch your eyes, nose, and mouth when removing, and wash hands immediately after removing.
- Place in the garbage after removal if disposable, or wash if reusable.



### What is social distancing?

- Limiting face-to-face contact with others is the best way to reduce the spread of COVID-19.
- Social distancing, also called "physical distancing," means keeping space between yourself and other people outside of your home.
- **To practice social or physical distancing, stay at least 6 feet (about 2 arms' length) from other people.**



**Wash your hands** often with soap and water for at least **20 seconds**, especially after you have been in a public place, or after blowing your nose, coughing or sneezing.



### Soap and Water

- **Wet** your hands with clean running water (warm or cold), turn off the tap, and apply soap.