



COMPREHENSIVE RESOURCE GUIDE FOR COVID-19 SCREENING IN SCHOOLS

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Abstract

UHS has reviewed the data and guidance from the CDC, NYS Department of Education and NYS Health Department in regards to COVID-19. This document has been compiled to act as a comprehensive resource guide for school districts to screen for COVID-19 and provide guidance for the dismissal and return of students/staff to school. This guidance document will be updated as new information is released by the CDC, NYSDOH and NYS Education Department.

Disclaimer:

A school district may use the guidance documents as necessary and may implement all or various pieces of the guidance documents. This resource guide is not intended to act as or provide medical advice and questions should be referred to the medical director of the school district. In the event of an emergency, the school district should call 911.

COMPREHENSIVE RESOURCE GUIDE FOR COVID-19 SCREENING IN SCHOOLS

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1 BACKGROUND

UHS has reviewed the data and guidance from the CDC, NYS Department of Education and NYS Health Department in regards to COVID-19. This document has been compiled to act as a comprehensive resource guide for school districts to screen for COVID-19 and provide guidance for the dismissal and return of students/staff to school. This guidance document will be updated as new information is released by the CDC, NYSDOH and NYS Education Department.

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What is COVID-19?

SARS-CoV-2, a novel coronavirus, was first identified as the cause of an outbreak of respiratory illness in Wuhan, Hubei Province, China in 2019. There are many coronaviruses, all of which typically cause respiratory disease in humans. The World Health Organization (WHO) named the disease caused by SARS-CoV2 “COVID-19.” (To eliminate potential for confusion with a different coronavirus, SARS-CoV, these FAQs refer to SARS-CoV-2 as “the virus that causes COVID-19” or “COVID-19”). On March 11, 2020, WHO declared COVID-19 a pandemic due to the number of countries affected by its rapid spread.

How many cases of COVID-19 are there?

On March 11, 2020, WHO declared COVID-19 a pandemic. The number of cases changes on daily basis. The most up-to-date information about the number of COVID-19 cases reported, and where these cases are, can be found at: John Hopkins Coronavirus Resource Center, The Centers for Disease Control (CDC), and The World Health Organization. For a current COVID-19 case count in New York State (NYS), visit the NYS Department of Health COVID-19 Tracker.

What are the symptoms of COVID-19?

COVID-19 can cause mild to severe respiratory illness with symptoms of fever, cough, and difficulty breathing. Other symptoms may include muscle aches/pains, fatigue, and decrease in appetite. According to CDC, headache, confusion, rhinorrhea, sore throat, hemoptysis, vomiting, and diarrhea have also been reported, but are less common (<10%). Preliminary information suggests older adults and people with underlying health conditions or compromised immune systems are at higher risk of severe illness from this virus. CDC believes that symptoms of COVID-19 begins between 2 and 14 days after exposure.

How does COVID-19 spread?

While the initial transmission is believed to have been animal-to-person spread, COVID-19 is now spreading from person-to-person. This is thought to occur via respiratory droplets produced when a person infected with the virus coughs or sneezes, the same way flu and other respiratory illnesses spread. The virus that causes COVID-19 can also be transmitted if people touch surfaces and objects with the virus on it.

https://coronavirus.health.ny.gov/system/files/documents/2020/04/doh_covid19_faqs_update_d_041720_2.pdf

2 COVID-19 SOAP NOTE

Name:	DOB: / /	Time:
School:	Grade: <input type="checkbox"/> N/A	Date:

SUBJECTIVE FINDINGS	NO	YES
1. Does the student or staff currently have (or has had in the last 10 days) one or more of these new or worsening symptoms? ___ Yes ___ No Temperature ≥ 100.0 F ⁰ ___ Yes ___ No Cough ___ Yes ___ No Shortness of Breath or trouble Breathing ___ Yes ___ No Sore Throat ___ Yes ___ No Diarrhea/Nausea/Vomiting ___ Yes ___ No Muscle pain or body aches ___ Yes ___ No Feel feverish or have chills ___ Yes ___ No Headaches ___ Yes ___ No Loss of taste or smell ___ Yes ___ No Fatigue/feeling of tiredness ___ Yes ___ No Nasal congestion/runny nose	Move to next question	YES – move patient to isolation room, contact parent/guardian for dismissal from school. Parent/guardian to contact PCP OR go to virtual walk-in.
2. In the last 10 days has the student or staff been tested for the virus that causes COVID-19, also known as SARS-CoV-2? ___ Yes ___ No	Go on to Question 3	NO- Go on to Question 3 YES- move student to isolation room, contact parent/guardian for dismissal from school.
3. In the last 14 days, has the student or staff traveled internationally to a CDC level 2 or 3 COVID-19 related travel health notice country; or traveled to a state or territory on the NYS Travel Advisory List? ___ Yes ___ No	Go on to Question 4	YES –move student to isolation room, contact parent/guardian for dismissal from school.
4. In the last 14 days, has the student or staff been designated a contact of a person who tested positive for COVID-19 by a local health department? ___ Yes ___ No	No--to all questions- student may remain in school	YES- move student to isolation room, contact parent/guardian for dismissal from school.
OBJECTIVE FINDINGS:		
Comments:		
PLAN: ___ Return to class ___ Isolation Room ___ Parent Notified ___ Telephone Call/Text/Email ___ Suggested Consult w/ Medical Provider ___ Home w/ parent ___ Drove home w/ parent permission ___ EMS transport to hospital ___ Notified School COVID Resource Officer ___ Notified Local Health Dept.		

3 COVID-19 SYMPTOM FORM

Name:	DOB: / /	Time:
School:	Grade: <input type="checkbox"/> N/A	Date:
Teacher:		

Your child or staff member screened positive for one or more of the following COVID-19 symptoms:

- A temperature greater than or equal to 100.0° F
- Feel feverish or have chills
- Cough
- Loss of taste or smell
- Fatigue/feeling of tiredness
- Sore throat
- Shortness of breath or trouble breathing
- Nausea, vomiting, diarrhea
- Muscle pain or body aches
- Headaches
- Nasal congestion/runny nose

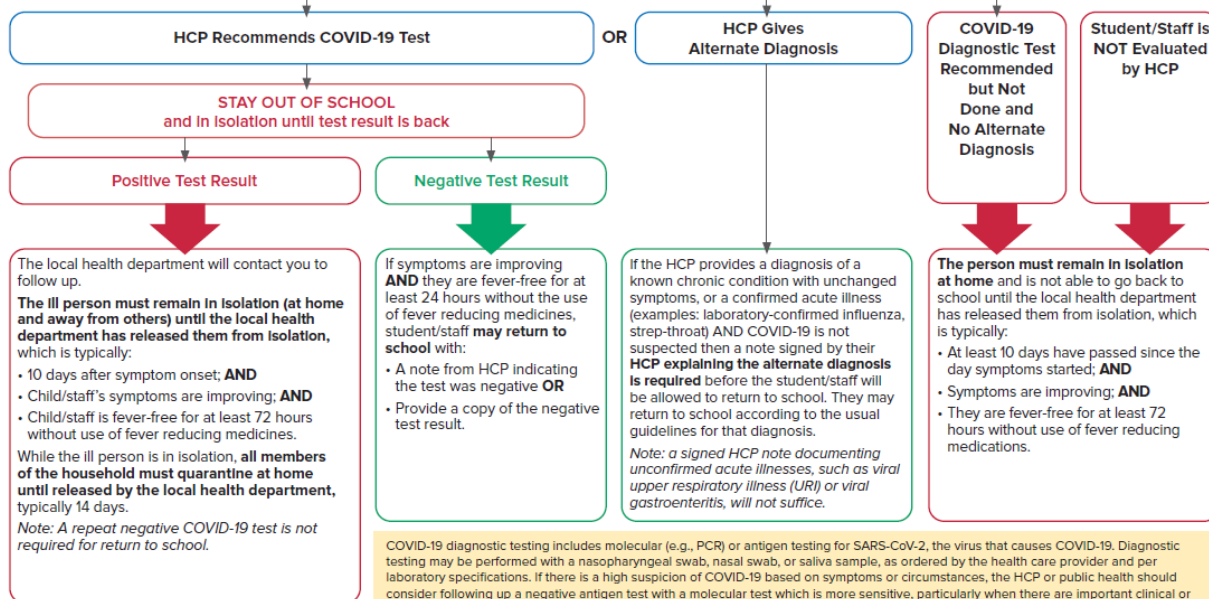
COVID-19 Flowsheet for Student or Staff with COVID-19 Symptoms

Student/staff has symptoms consistent with COVID-19:

- Student/staff member should keep face mask on.
- Staff members should be sent home immediately.
- Students awaiting transport home by the parent/guardian must be isolated in a room or area separate from others, with a supervising adult present using appropriate personal protective equipment (PPE).
- School administration and the parent/guardian should be notified.

- Provide instructions that the individual must be seen by an HCP for evaluation and have COVID-19 testing (unless determined not necessary by HCP). If they do not have an HCP they should call their local health department.
- Schools should provide a list of local COVID-19 testing locations.
- Clean and disinfect area where the student/staff member was located.

HEALTHCARE PROVIDER (HCP) EVALUATION FOR COVID-19 (can be in-person or by video/telephone as determined by HCP)



4 COVID-19 EVALUATION FORM

Name:	DOB: / /	Time:
School:	Grade:	Date of Evaluation:

Per NYSDOH Healthcare provider (HCP) Evaluation for COVID-19 can be in-person or by video/telephone as determined by HCP

HCP Recommends COVID-19 Diagnostic Test: ___ Yes ___ No

Date of COVID-19 Diagnostic Test: _____

Results of COVID-19 Diagnostic Test: _____

**If COVID-19 diagnostic test is positive, 14 days must have passed since resolution of symptoms without using fever-reducing medications prior to resuming gym/sports. Recommend follow up with HCP for athletic participation.*

Alternative Diagnosis: _____

Lab Confirmation of alternative diagnosis: _____

Symptoms to be expected with alternative diagnosis: _____

Expected Length of Alternative Diagnosis: _____

**As per NYSDOH a signed HCP note documenting unconfirmed acute illnesses, such as viral upper respiratory illnesses (URI) or viral gastroenteritis, will not suffice.*

Chronic Condition/Diagnosis: _____

Symptoms Associated with Chronic Condition: _____

Expected length of Chronic Condition: _____

Student/Staff may return to school on _____ if symptoms are improving AND fever-free for at least 24 hours without the use of fever reducing medications.

Health Care Provider Information:

Health Care Provider Signature: _____ Date: _____

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MEDICAL DIRECTORS

School District	Medical Director	Address	Phone Number
Binghamton	Dr. Anthony Consolazio	4417 Vestal Parkway East, 1st Floor Vestal, NY 13850	607-240-2864
Candor	Michelle Rising FNP-C	54 Main St Candor, NY 13743	607-659-7272
Chenango Forks	Dr. Donald Nash	91 Chenango Bridge Rd Binghamton, NY 13901	607-648-4151
Chenango Valley	Dr. Robert Auerbach	10-42 Mitchell Avenue Binghamton, NY 13903	607-762-2468
Deposit	Dr. John Giannone	53 Pine Street Deposit, NY 13754	607-467-4195
Greene	Dr. Martin Masarech	15 Birdsall St Greene, NY 13778	607-656-4115
Johnson City	Dr. Daniel Young	507 Main St Johnson City, NY 13790	607-763-6075
Maine-Endwell	Dr. Kimberly Desantis & Dr. Eric Lorraine	415 Hooper Road Endwell, NY 13760	607-754-3863
Newark Valley	Dr. James Skiff & Amy Lord	119 WHIG STREET Newark Valley, NY 13811	607-642-5211
Seton	Dr. Anthony Consolazio	4417 Vestal Parkway East, 1st Floor Vestal, NY 13850	607-240-2864
Susquehanna Valley	Dr. Utsav Hanspal	240 Riverside Drive Johnson City, NY 13790	607-798-9356
Union Endicott	Dr. Anthony Consolazio	4417 Vestal Parkway East, 1st Floor Vestal, NY 13850	607-240-2864
Vestal	Dr. Michael Tunick	415 Hooper Road Endwell, NY 13760	607-754-3863
Windsor/Afton/Sidney/Hancock	Dr. John Caruso	Lourdes	
Whitney Point	Dr. Martin Masarech	15 Birdsall St Greene, NY 13778	607-656-4115
UHS Medical Director Liason	Courtney Ellis-Jamison FNP-C	4433 Vestal Parkway E. Vestal, NY 13850	607-771-2220
UHS Medical Director Liason	Caitlin DiGiulio FNP-C	4433 Vestal Parkway E. Vestal, NY 13850	607-771-2220
Walton Central School District	Dr. Jean Petterson	2 Titus Place Walton, NY 13856	607-865-2400
Downsville Central School District	Dr. Denise Freeman	Rt 30 Main Street Box 327 Downsville, NY 13755	607-363-2517
Roscoe Central School District	VACANT Please contact either Dr. Petterson or Dr. Freeman		

RESOURCES

1. Dean, P., Jackson, L.B., & Paridon, S.M. (July 14, 2020). *Returning to Play After Coronavirus Infection: Pediatric Cardiologists' Perspective*. Accessed on 8/14/2020 from <https://www.acc.org/latest-in-cardiology/articles/2020/07/13/13/37/returning-to-play-after-coronavirus-infection>.
2. [https://www.governor.ny.gov/sites/governor.ny.gov/files/atoms/files/PreK to Grade 12 Schools MasterGuidance.pdf](https://www.governor.ny.gov/sites/governor.ny.gov/files/atoms/files/PreK_to_Grade_12_Schools_MasterGuidance.pdf)
3. <https://www.cdc.gov/flu/business/stay-home-when-sick.htm>
4. <http://www.nysed.gov/common/nysed/files/programs/reopening-schools/nys-p12-school-reopening-guidance.pdf>
5. <https://www.cdc.gov/coronavirus/2019-ncov/faq.html#Symptoms-&-Testing>
6. <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>
7. <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/end-home-isolation.html>
8. <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/k-12-testing.html>
9. <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/symptom-screening.html>
10. <https://www.nyuhs.org/about-us/whats-new/2020/covid-19-information/>
11. https://coronavirus.health.ny.gov/system/files/documents/2020/04/doh_covid19_faqs_updated_041720_2.pdf
12. https://coronavirus.health.ny.gov/system/files/documents/2020/06/doh_covid19_publicprivate_employee_return_to_work_053120.pdf
13. DOH COVID-19 Webpage: <https://coronavirus.health.ny.gov/home>
14. CDC COVID-19 Webpage: <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>
15. <https://www.nfhs.org/articles/nfhs-amssm-guidance-for-assessing-cardiac-issues-in-high-school-student-athletes-with-covid-19-infection/>