

Welcome!

Our goal is to keep you, your loved one and our staff safe at all times.

We at UHS Senior Living at Ideal are committed to providing the best of care and the most pleasant living environment for our residents, while at the same time ensuring resident, visitor and staff safety during the unprecedented COVID-19 situation.

Consistent with the New York State Department of Health's guidance to long-term care facilities regarding visitor policies, these guidelines are currently in place for our Adult Care Facility and our Nursing Home.

Visitation is beneficial for your loved one and for you, both physically and emotionally. However, because of the virus, there are risks associated with either transmitting the illness to the person you visit or getting sick yourself.

We appreciate your willingness to help us keep our facilities and everyone in them safe and secure by following the guidelines in this brochure.



Visitor Information Guidelines

UHS Senior Living at Ideal

A COVID-free environment:

New York State mandates that a nursing facility must have an 28-day period of no COVID-19-positive residents or staff before visitation can be allowed.

Notice:

The New York State Department of Health can halt visitation at the Nursing Home or Adult Care Facility at any time due to community or facility spread of infection or based on the department's identification of failure to comply with one or more elements of the visitation advisory.

Guidelines for visiting residents of the Adult Care Facility and the Nursing Home during the pandemic



UHS Senior Living at Ideal

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(607) 786-7300



UHS Wilson Medical Center
UHS Binghamton General Hospital
UHS Physician Practices

UHS Chenango Memorial Hospital
UHS Delaware Valley Hospital
UHS Senior Living at Ideal

nyuhs.org



UHS Medical Group
UHS Home Care
UHS Foundation

*UHS/LS/PS/07/20/1C

Rules for Visiting

Visitors are permitted to come to see residents on our campus as long as all state criteria are met. The basic rules and guidelines for visitation are as follows:

- **All visits are permitted by appointment only**, Monday through Friday, during regular business hours. Visits in the Nursing Home are coordinated by our Social Worker; and visits in the Adult Care Facility are handled by the Case Manager.
- Visits are **outdoors only** and are weather-dependent. Outdoor spaces have been prepared and designated for visitation.
- Visits are **contact-free only**, with the resident and visitor remaining at least **six feet apart**.

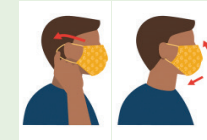


We know how important visiting is for your loved one and for you. We welcome and encourage your visit. Please follow state guidelines and our policies so that your visit can be enjoyable, restorative and safe.

- **A mask or other facial covering is required at all times.**
- The visitation area will be supervised by a staff member to assure that mask-wearing and physical distancing are observed.
- **A visitor must be age 18 or older**, or be accompanied and supervised by someone 18 or older.
- Each visitor must provide contact information for purposes of tracing should an exposure occur.
- Visitation is not permitted to any resident who is currently diagnosed with COVID-19, who has signs or symptoms of the virus, or who is in a 14-day quarantine or observation period for the disease.
- On arrival, each visitor must **check in at the Lobby** of the Nursing Home.
- To visit, a person **must submit to screening**, which consists of answering questions on any symptoms or exposures, and on any recent travel, as well as having their temperature checked with a touch-free scanner.
- Separate limitations apply for the number of visitors permitted at any given time for the Adult Care Facility and for the Nursing Home. To learn the current limits for each, ask our representative when you call to schedule your visit.
- **State regulations require that if a visitor fails to adhere to the rules, they will be prohibited from visiting for the duration of the COVID-19 state-declared public health emergency.**

Wear your Face Covering Correctly

- Wash your hands before putting on your face covering
- Put it over your nose and mouth and secure it under your chin
- Try to fit it snugly against the sides of your face
- Make sure you can breathe easily



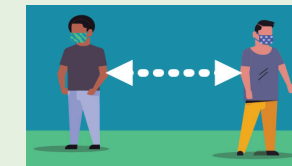
Take Off Your Cloth Face Covering Carefully

- Untie the strings behind your head or stretch the ear loops
- Handle only by the ear loops or ties
- Fold outside corners together
- Be careful not to touch your eyes, nose, and mouth when removing, and wash hands immediately after removing.
- Place in the garbage after removal if disposable, or wash if reusable.

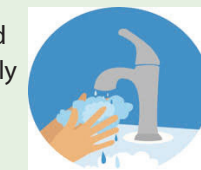


What is social distancing?

- Limiting face-to-face contact with others is the best way to reduce the spread of COVID-19.
- Social distancing, also called “physical distancing,” means keeping space between yourself and other people outside of your home.
- **To practice social or physical distancing, stay at least 6 feet (about 2 arms’ length) from other people.**



Wash your hands often with soap and water for at least **20 seconds**, especially after you have been in a public place, or after blowing your nose, coughing or sneezing.



Soap and Water

- **Wet** your hands with clean running water (warm or cold), turn off the tap, and apply soap.