

UHS FOUNDATION ANNUAL REPORT  
**2018**



# The UHS Way in Giving





# Supporting

## Performance, Accountability and Engagement ...



Cory Jacobs

### A Message from the Executive Director

The UHS Way: Across the UHS System, it means our commitment to the health and well-being of our patients, our patients' loved ones, our colleagues and our communities. We who take pride in UHS support this commitment by living, every day, the brand promise: to listen, to show respect and to give hope.

There is also a UHS Way of giving. It is realized through the actions of those who give so generously to the work of the UHS Foundation. It means the commitment our donors make, year after year, to help us provide the best care possible to those who entrust us with their health. Donations are made for many reasons – in gratitude for an exemplary patient experience, in memory of loved ones who have passed, or in honor of fellow UHS team members.

Inside this report you'll read about our UHS Auxiliaries and how their volunteer efforts have made a significant impact on the delivery of quality care. We'll hear from the first Dolores Salanger Scholar and how that scholarship has strengthened her commitment to nursing and UHS. And a new piece of equipment in the Critical Care Unit at UHS Wilson Medical Center has been made possible in part by a patient's family to provide a quality experience for those patients and families who follow.

Performance, Accountability and Engagement. All three of these are reflected in the service mission of UHS, in the lives that are saved and enhanced and in the difference that is made through your vision and generosity as a Foundation donor and supporter. Thank you for helping to create The UHS Way.

Cory S. Jacobs  
Executive Director

## ... in Neurodiagnostics

A UHS Foundation grant made possible the purchase of new Cadwell continuous real-time electroencephalogram (EEG) monitoring equipment for the Critical Care Unit at UHS Wilson Medical Center. This grant was also partially funded by Bates Troy and Brian and Anahit Kradjian in memory of Brian's father, Ara Kradjian.

Continuous EEG allows a patient's brain-wave activity to be monitored for an extended period, ranging from hours to days. Prior to the availability of this equipment, patients experiencing seizure activity received intermittent monitoring, which meant the possibility of missing critical seizure activity that could be valuable in reaching a diagnosis or deciding on the most effective management medication.

"Long-term continuous EEG monitoring has become the standard of care for a subset of patients requiring neurologic intensive critical care," said Lorie Spellane, coordinator of Cardiopulmonary Services. "We use it for patients experiencing intractable

*Diagnostic technician Kelli Carnock-Love demonstrates the new EEG equipment in the Special Diagnostics Department at UHS Hospitals.*

seizures, non-convulsive seizures or status epilepticus; for those who have had a traumatic brain injury; or for other neurological conditions." If a doctor introduces an anti-seizure medication, the clinical team can use continuous monitoring as the new medication takes effect to see if it's working, she noted.

The equipment includes a video component, and all brain activity can be monitored remotely and recorded. Technicians review the information after the requested interval and present it to the ordering physician.



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(Continued on Page 3)



... in Nursing Education

In 2018, the UHS Auxiliary Wilson Medical Center donated \$42,000 for the purchase of highly specialized simulation equipment for UHS’ new Nursing Residency Program. Auxiliary members raised the impressive total from sales at the UHS Wilson Gift Shop, as well as at sales events held in the medical center’s lobby throughout the year.

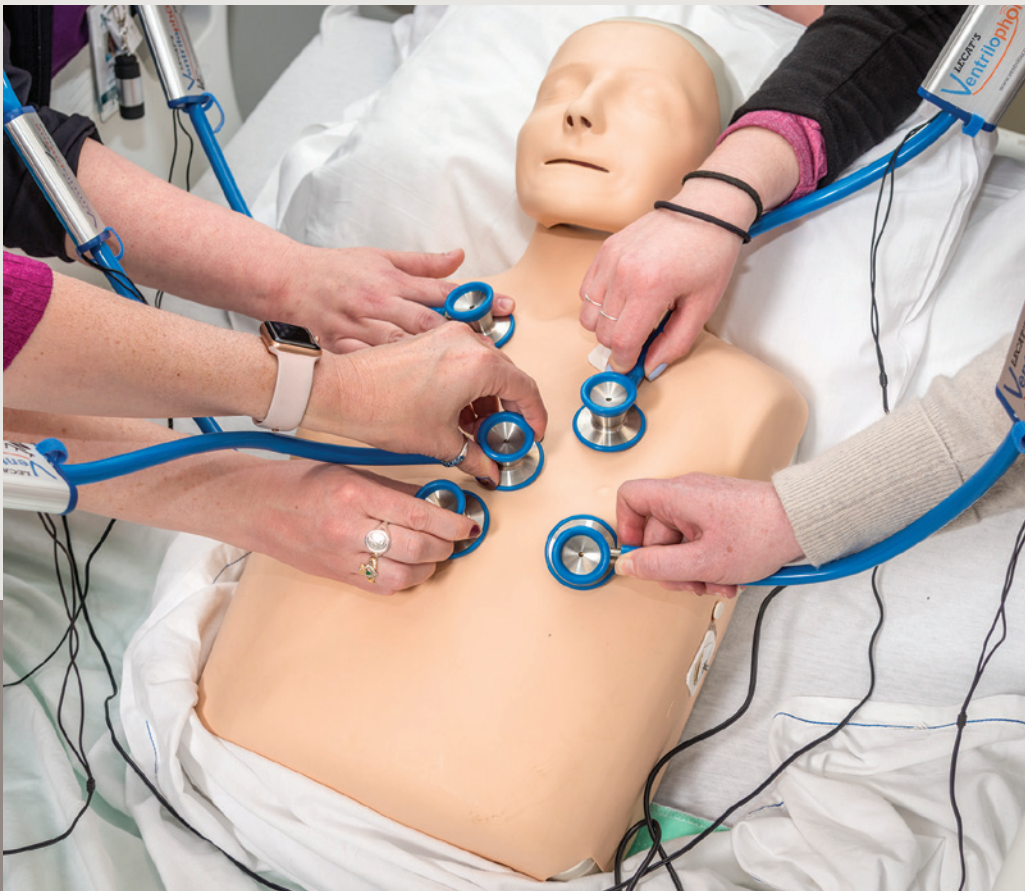
The residency program, which debuted in Summer 2018, is a year-long course that “onboards” new nurses, orienting them to and familiarizing them with the organization and the everyday challenges they will face. “Our goal is to improve the transition of a new nurse to a real-world practice, improve retention and decrease turnover,” said Toni Nash, RN, administrative coordinator of Nursing Education.

Auxiliary members chose the Nursing Residency Program as a recipient of their 2018 dollars following a presentation of options by Cory Jacobs, executive director of the UHS Foundation. According to Louise Wasyl, treasurer and former president of the Auxiliary, “Many Auxiliary members are retired UHS employees, so we felt this was a good project for this year,” Ms. Wasyl said.

Simulation stethoscopes used to train nurses in the residency program were purchased with money raised by the UHS Auxiliary Wilson Medical Center.

Said Ms. Nash: “We created a wish-list of equipment, which is how the donation was spent. We’re most excited about the ventriloscopes – simulation stethoscopes that can reproduce normal and abnormal cardiac and lung sounds.” Other items purchased include: models for learning chest tube management, venipuncture and pressure-ulcer assessment, along with nasogastric tube, tracheostomy and ostomy care. A new training defibrillator was also purchased.

“These tools give new nurses a chance to practice critical clinical skills, ranging from assessing basic vital signs to diagnosing an acute condition – without being in a live-patient situation,” Ms. Jacobs noted. “This gives time for education and questions.”



About the residency

Once a month for a year, new nurses attend a full-day class in a dedicated training space at UHS Lewis Road in Johnson City. The UHS Nursing Residency Program augments and strengthens concepts and skills learned in nursing school and during clinical practice on nursing units.

The first half of the curriculum centers on clinical concepts. The second half is devoted to professional growth and development. Topics include quality, safety, continuing education,

professional development and scenario-based simulations.

Victoria Cooper, RN, joined UHS in June 2018, and credits the residency program with her smooth transition to clinical practice. “The program has allowed us to get a hands-on education in a group setting,” she said.

“The new training equipment gives us a chance to practice skills, including procedure set-up and problem-solving, before we have to use them in actual situations.”

(Continued from Page 1)

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(Continued on Page 4)

... in Program Enhancement

The UHS Auxiliary Binghamton General Hospital donated \$37,435 in 2018 to fund a wide variety of program and service needs at the hospital. Auxiliary members raised this substantial total from sales at the hospital’s Gift Shop, a theme-basket raffle and special lobby sales throughout the year. “The Auxiliary presents a request for proposal to UHS Binghamton General departments annually, seeking specific funding requests,” said Cory Jacobs, executive director of the UHS Foundation. “The group generally funds between \$35,000 and \$40,000 in projects and purchases.”

The 2018 funded items ranged from art works for Krembs 3 and 5 to a washer/dryer set for the Post-Acute Care Unit, as well as training tools, Volunteer

Department software and a variety of higher-cost clinical items. Said Ms. Jacobs, “I recently heard a nurse manager speak about the value of the AccuVein vein-finder tool currently being used with patients, and how much easier it was to start IV fluids on certain patients. The hard work and generosity of the Auxiliary members made the purchase of that tool possible.”



Clinical disciplines such as therapy, surgery and medicine at UHS benefit greatly from generous contributions to the UHS Foundation and Auxiliaries.



(Continued from Page 3)

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## ... in Career Development

Irene Sabin, RN, is a UHS nurse committed to lifelong learning and the direct application of that learning to the patient experience, which made her an ideal recipient of the first scholarship from the Dolores Salanger Fund for Advanced Nursing Education and Research. Irene's professional advancement as a member of the UHS team has been impressive, as she started out washing dishes in the cafeteria right out of high school in 2001 and, by 2017, was named nurse manager of Professional Practice for UHS Hospitals.

Her devotion to pursuing education and leadership skills and focusing on quality patient care have made her success possible. She has held posts as a dietary and unit assistant, medical/surgical nurse, cardiovascular ICU nurse and nurse educator/performance improvement coordinator. In 2005 she earned a bachelor's degree in athletic training from the State University of New York at Cortland and, in 2006, a bachelor's in nursing from Binghamton University.

Her commitment to education continues, with her enrollment in 2016 in Liberty University's online master's in nursing administration program. She is set to graduate in October. Her goal is to apply what she learns to enhance evidence-based nursing care at UHS. "Everything I have learned throughout my graduate program has been advantageous for me and for UHS so far, and I have no doubt that will continue," she said. "I am grateful for the opportunity and for the scholarship."

The Dolores Salanger Fund was established at the UHS Foundation by Mrs. Salanger's son, Matthew J. Salanger, as he transitioned from president and CEO of UHS to a new role as senior strategic advisor. Mrs. Salanger, of Syracuse, is a retired nurse. Seeded with a contribution from Mr. Salanger and his wife Mary Ellen, the fund specifically supports UHS nurses enrolled in specialized advanced degree programs. Donations can be made via the Foundation giving page at [nyuhs.org](http://nyuhs.org).

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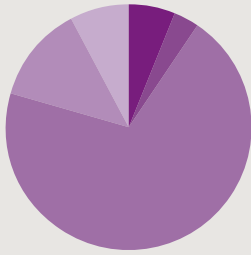
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**Total of Grants  
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2018: \$946,189**

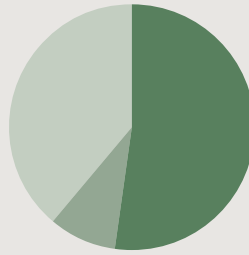


**2018 Grants\***

- Education: \$58,588
- Employee Support: \$31,863
- Equipment: \$663,378
- Programs: \$120,019
- Sock Out Cancer: \$72,341

\* unaudited

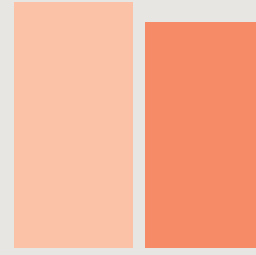
**Total Revenue and  
Support Raised in  
2018: \$1,577,506**



**2018 Revenue\***

- Contributions: \$825,352
- Events: \$139,315
- Interest Income: \$612,839

**Net Assets  
in 2018: \$23,150,806**



**Net Assets\***

- Net Assets 2017: \$25,196,730
- Net Assets 2018: \$23,150,806



[nyuhs.org](http://nyuhs.org)

"The UHS Way in Giving," the 2018 UHS Foundation Annual Report, is a publication of the UHS Foundation, 10-42 Mitchell Ave., Binghamton, NY, 13903. Cory S. Jacobs, Executive Director.

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