



Community Service Guide

Bridging Healthcare to the Community



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*Any of the highlighted organizations or services are part of
the UHS health care system with mutual financial interests.*



UHS Hospitals

UHS Binghamton General Hospital.....762-2200

10-42 Mitchell Avenue
Binghamton, NY 13903

UHS Chenango Memorial Hospital337-4111

179 North Broad Street
Norwich, NY 13815

UHS Delaware Valley Hospital865-2400

1 Titus Place
Walton, NY 13856

UHS Wilson Medical Center763-6000

33-57 Harrison Street
Johnson City, NY 13790

Emergency Substance Abuse, Mental Health & Psychiatric Problems

New Horizons: Alcohol/Drug Abuse Hotline762-2257

Emergency Mental Health/Suicide Hotline762-2302
(800) 451-0560

Emergency Psychiatric Program (CPEP).....762-2458

24 hours a day, hotline for emotional or psychiatric emergencies.

Health-Related Questions & Concerns

It is always best to contact your Primary Care doctor **FIRST** for any health-related questions as he/she is most familiar with your medical and social history.

You may also contact UHS Nurse Direct to address your health-related questions. UHS Nurse Direct also offers Community Health Programs at the UHS Stay Healthy Center in the Oakdale Mall.

UHS Nurse Direct**763-5555**
toll-free
(800) 295-8088

UHS Stay Healthy Center**763-6060**
Oakdale Mall, Johnson City, NY 13790

Some of the services offered at UHS Stay Healthy:

- Asthma education
- Diabetes education
- Heart healthy programs
- Physician referral
- Smoking cessation
- Weight management
- Oncology support and outreach

Certified Home Health Agencies (CHHA)

A CHHA provides home care and support to those with short-term, intermittent, skilled health care needs, and can arrange for medical supplies, equipment and appliances. Traditional home care services provided include skilled nursing, physical, occupational and speech therapies, medical social services and home health aides. These services are generally covered under health insurance.

UHS Home Care	763-5600
601 Riverside Drive, Johnson City, NY	toll free (800) 295-2212
<i>(Serves Broome and some neighboring counties)</i>	
UHS Home Care Norwich	336-5130
26 Conkey Ave (behind Eaton Center), Norwich, NY	
UHS Professional Home Care Ithaca	257-1425
Ithaca Shopping Plaza, Suite 4, 222 Elmira Road, Ithaca, NY	
Lourdes At Home	772-1598
4102 Old Vestal Road, Vestal, NY	
<i>(Serves Broome County only)</i>	
Barnes Kasson Home Health	(570) 853-4931
400 Turnpike Street, Susquehanna, PA	
<i>(Serves Susquehanna County)</i>	
Tioga County Public Health	687-8600
1062 SR 38, P.O. Box 120, Owego, NY	
<i>(Serves Tioga County only)</i>	
HCR – Delaware County.....	464-4010
5 1/2 Main Street, Suite 4, Delhi, NY	
HCR – Cortland County.....	299-4593
6 North West Street, Homer, NY	
At Home Care.....	432-7924
297 Main Street, Oneonta, NY	
<i>(Serves Delaware, Chenango, Otsego, Herkimer Counties)</i>	

Community Alternate Systems Agency

Community Alternate Systems Agency (CASA) is the central access point for the consumers of long term care from home care to nursing home. CASA helps families regardless of age or payor source, to navigate their way through the numerous long term care options available in Broome County.

CASA is an agency designed to assist residents of Broome County in developing the most effective long term care plan possible.

CASA assessments can help to prevent crisis, by matching needs to programs and services, by putting together short term plans with long term options. Individuals may need just a little assistance to maintain their independence in their residence. Whatever the need, whatever the call, CASA will respond with suggestions and recommendations, giving the client and family the information they need to make the best decision.

Community Alternate Systems Agency (CASA)778-2420
P.O. Box 1766, Binghamton, NY 13902

CASA is the central access for Broome County residents who are seeking long term care such as:

- Level of Care Assessment
- Medicaid Personal Care Aide Service
- Medicaid Shared Aide Services
- Consumer Directed Personal Assistance Program
- Private Duty Nursing
- Long Term Home Health Care (LTHHCP)
- Nursing Home Placement
- Nursing Home To Community

Home Infusion Suppliers

Serving Broome and neighboring counties.

UHS Home Care **763-5600**
601 Riverside Drive, Johnson City, NY toll free (800) 295-2212

Lincare Home Infusion **(315) 793-8945**
525 French Road, Utica, NY

Coram Specialty Infusion Services **(315) 425-8028**
2949 Erie Blvd. E., Suite 103, Syracuse, NY toll free (800) 270-0444

Coram Specialty Infusion Services **(518) 689-2900**
12 Jupiter Lane, Albany, NY..... toll free (800) 289-1515

IV Solutions Inc. **(570) 457-9201**
162 N. Main Street, Old Forge, PA

Long Term Home Health Care

Offers health care and support services to disabled and chronically ill people. These programs are designed to provide a full range of professional and aide level health care services, as well as medical supplies, equipment and appliances to those in need of services over a long period. In addition to traditional home care services, long term home health care can arrange or provide for home delivered meals, emergency call systems, social day care, social transportation, moving assistance and home improvements.

UHS Senior Living at Ideal.....786-7400

600 High Avenue, Endicott, NY

(*UHS Ideal's Long Term Home Health Care program serves Broome County only*)

Lourdes At Home772-1598

4102 Old Vestal Road, Vestal, NY

(*Serves Broome County only*)

Chenango County Area Agency on Aging.....337-1770

County Office Building

5 Court Street, Norwich, NY

(*Serves Chenango County only*)

Private Pay Aide Services

Private pay rates: Personal care aides (*approximately*) \$18-25 per hour
Nursing LPN (*approximately*) \$27-41 per hour
Nursing RN (*approximately*) \$38-60 per hour

UHS Senior Living at Ideal.....786-7400
600 High Avenue, Endicott, NY

CareGivers.....770-1125
700 Harry L. Drive, Suite 120, Johnson City, NY
(*RN's, LPN's, Aides*)

Family and Children's Society772-9776
257 Main Street, Binghamton, NY
(*Home health aides, Personal care aides, In-home mental health program*)

Home Instead Senior Care.....723-3600
81 State Street, Suite 201, Binghamton, NY
www.homeinstead.com
(*Provide free in-home consultation, non-medical companionship, home helper, some incidental transportation and meal prep. Service can be as little as 6 hours per week, 3 hours a day, or up to 24-hour care.*)

Interim Healthcare.....722-6461
38 Front Street, Suite D, Binghamton, NY
(*RN's, LPN's, Aides, Homemakers, Companions*)

Stafkings772-8080
60 Hawley Street, Binghamton, NY

Gaining Resources for Older Workers (GROW).....778-2411
Broome County Office for Aging, County Office Bldg., 4th Floor,
P.O. Box 1766, Binghamton, NY
www.gobroomecounty.com/community/Senior.php
Hours to call: 8:30am–12:00pm Mon-Fri
Employment referral service for individuals 55 or older
(*Companion, housekeeper, meal prep., painter, driver, yard work, etc.*)

Volunteer Services

American Red Cross.....785-7207

Hours: 8:30am–4:30pm, Mon-Fri

Volunteers offer weekly grocery shopping, and bank/post office/pharmacy errands.

Eligibility: 60 or over, physically unable to shop, and without family/friends to help. No fees; contributions encouraged.

Broome County Council of Churches724-9130

Hours: 8:30am–4:30pm, Mon-Fri

Faith in Action Volunteers is a network of volunteers from various congregations who help the frail, elderly and disabled with daily activities. Pre-registration and needs assessment required for grocery shopping services.

Retired and Senior Volunteer Program (RSVP)729-9166*

Hours: 8:00am–4:00pm, Mon-Fri

Volunteer program for seniors 60 years and older who want to use their skills and experience to help others.

*Goes through Catholic Charities, choose option 1.

Loan Closets

American Legion Post 80.....722-2785
76 Main Street, Binghamton, NY

Chenango County Area Agency on Aging.....337-1770
Loan Closet, County Office Building
5 Court Street, Norwich, NY

Elks Lodge (for members only).....748-0081
2071 Vestal Parkway, Vestal, NY

Muscular Dystrophy Association797-3463
Binghamton, NY – located at Penn York

Muscular Dystrophy Association(315) 451-8269
Syracuse, NY – located at CNY Medical Products

Southern Tier Independence Center (STIC).....724-2111
135 E. Frederick Street, Binghamton, NY

VFW (Veterans of Foreign Wars)722-5781
65 Carroll Street, Binghamton, NY
Thursday–Sunday after 5:00pm

VFW (Veterans of Foreign Wars)785-7071
103 Nanticoke Avenue, Endicott, NY

Transportation Services

UHS Care-A-Van**201-8187**

A free shuttle service from the UHS Stay Healthy Center at the Oakdale Mall to UHS hospitals, clinics, doctors offices in Broome County, Monday–Friday 8:00am-3:30pm.

Medi-Van Services: Southern Tier Medi-Van**772-8500**

442 State Street, Binghamton, NY

Medi-Van Services: Yellow Medi-Van..........**723-2536**

39 Griswold Street, Binghamton, NY

Medi-Van Services: Donson**786-4444**

3000 Wayne Street, Endicott, NY

Ambulance: Superior Ambulance..........**772-1456**

46 Exchange Street, Binghamton, NY

Ambulance: Union Volunteer..........**754-3555**

Ave B/Pearl Street, Endwell, NY

Deposit Foundation**467-4000**

For medical appointments only

Taxi Service: City Cab..........**722-2422**

Taxi Service: University Cab**797-5555**

Taxi Service: Courtesy Cab**723-2000**

Taxi Service: Yellow Cab..........**722-2322**

Taxi Service: Affordable Taxi**754-5500**

Taxi Service: Checker Cab**722-2227**

Taxi Service: EZ Way Cab**723-4444**

Continued next page

Transportation Services continued

Taxi Service: Endicott Cab Co723-8389

Taxi Service: Hancock Taxi637-3500

Taxi Service: Owego Taxi.....687-1171

First Transit.....334-7433

(Chenango County Public Transit)

126 Leilani's Way, Norwich, NY

BC Country Rural Dial-a-Ride.....763-4466

C/O BC Transit Department

413 Old Mill Road, Vestal, NY

(reserve 1 week in advance)

BC Lift.....763-4426

C/O BC Transit Department

413 Old Mill Road, Vestal, NY

(reserve 24 hours in advance) (Application required)

Office for the Aging- Mini Bus.....763-4421

C/O BC Transit Department

413 Old Mill Road, Vestal, NY

T-Trans Progressive Coach USA.....(800) 388-4881

(Tioga County)

(Wheelchair transfer or ambulatory)

Home Emergency Response Services

Rates: Approximately \$65-75 for installation, and
Approximately \$28-38/month for monthly service charge

Project H.E.A.R., Inc. (UHS affiliated)763-8952
(Emergency help with the touch of a button)

Interim Health Care: Interim-In-Touch722-6461
toll free (800) 479-6461

Phillips Lifeline Services (800) 752-1914

Lourdes Hospital-Lifelink.....798-5934

Tioga Opportunities: Link to Life687-4120

UHS Primary Care Sites

UHS Pediatrics Binghamton	762-2468
10-42 Mitchell Avenue, Binghamton, NY	
UHS Pediatrics Chenango Bridge	648-6667
91 Chenango Bridge Road, Binghamton, NY	
UHS Pediatrics Vestal	797-1251
4417 Vestal Parkway East, Vestal, NY	
UHS Primary Care Binghamton.....	762-3281
33 Mitchell Avenue, Binghamton, NY	
UHS Primary Care Candor.....	659-7272
54 Main Street, Candor, NY	
UHS Primary Care Clinton Street.....	762-2660
42 Clinton Street, Binghamton, NY	
UHS Primary Care Deposit	467-4195
53 Pine Street, Deposit, NY	
UHS Primary Care Downsville.....	363-2517
28315 State Highway 206, Downsville, NY	
UHS Primary Care Endicott.....	754-2323
1302 East Main Street, Endicott, NY	
UHS Primary Care Endwell.....	757-0444
800 Hooper Road , Endwell, NY	
UHS Primary Care Greene	656-4115
15 Birdsall Street, Greene, NY	
UHS Primary Care Johnson City	763-6075
507 Main Street, Johnson City, NY	
UHS Primary Care Lisle	692-3844
68 Johnson Hill Road, Lisle, NY	
UHS Primary Care Main Street.....	763-8008
33 Mitchell Avenue, Binghamton, NY	

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UHS Primary Care Sites continued

UHS Primary Care Maine	862-4325
2352 Rt 26, Endicott, NY		
UHS Primary Care Newark Valley	642-5211
119 Whig Street, Newark Valley, NY		
UHS Primary Care Norwich	337-4040
179 N. Broad Street, Norwich, NY		
UHS Primary Care Oneonta	432-8477
5546 State Route 7, Oneonta, NY		
UHS Primary Care Owego	687-0350
42 West Main Street, Owego, NY		
UHS Primary Care Oxford	843-9816
21 N. Canal Street, Oxford, NY		
UHS Primary Care Robinson Street	296-2300
160 Robinson Street, Binghamton, NY		
UHS Primary Care Roscoe	498-4800
1982 Old Rt 17, Roscoe, NY		
UHS Primary Care Sherburne	674-4495
38A Classic Street, Sherburne, NY		
UHS Primary Care Sidney	561-2200
44 Pearl Street, Sidney, NY		
UHS Primary Care Upper Front Street	722-3417
1290 Upper Front Street, Binghamton, NY		
UHS Primary Care Vestal	770-7365
4417 Vestal Parkway East, Vestal, NY		
UHS Primary Care Walton	865-2400
2 Titus Place, Walton, NY		
UHS Primary Care Windsor	655-1230
5 College Avenue, Windsor, NY		

UHS Walk-In Care Sites

UHS Walk-In Chenango Bridge.....648-4151

91 Chenango Bridge Road, Binghamton, NY

Hours: Open every day 8:00am–8:00pm

UHS Walk-In Endicott.....754-7171

1302 East Main Street, Endicott, NY

Hours: Open every day 8:00am–8:00pm

UHS Walk-In Vestal.....729-2144

4417 Vestal Parkway East, Vestal, NY

Hours: Open every day 8:00am–8:00pm

UHS Primary Care Downsville.....363-2517

28315 State Highway 206, Downsville, NY

UHS Primary Care Roscoe498-4800

1982 Old Rt 17, Roscoe, NY

UHS Primary Care Walton865-2400

2 Titus Place, Walton, NY

UHS Specialty Care Sites

UHS Audiology at UHS Wilson Medical Center763-6554
at UHS Chenango Memorial Hospital337-4111
at UHS Delaware Valley Hospital865-2414

UHS Blood Disorder Center763-6436
(Located at UHS Wilson Medical Center, Baldwin St. entrance, main floor)
33-57 Harrison Street, Johnson City, NY

UHS Breast Center240-2847
4417 Vestal Parkway East, Vestal, NY

UHS Cardiac Rehabilitation762-2178
(Located at UHS Binghamton General Hospital, Phelps Hall)
20 Mitchell Avenue, Binghamton, NY

UHS Chiropractic754-4850
4433 Vestal Parkway East, Vestal, NY

UHS CyberKnife Center.....763-6666
Wilson Square, 30 Harrison Street, Johnson City, NY

UHS Dental Center Binghamton762-2005
(Located at UHS Binghamton General Hospital, First Floor)
10-42 Mitchell Avenue, Binghamton, NY

UHS Dental Center Norwich.....337-4174
Eaton Center, 32 Conkey Avenue, Norwich, NY

UHS Dermatology 658-1003
200 Front Street, Vestal, NY

UHS Diabetes & Endocrinology Center763-6092
93 Pennsylvania Avenue, Binghamton, NY
Diabetes Education at UHS Chenango Memorial Hospital337-4040
Diabetes Education at UHS Delaware Valley Hospital865-2159

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UHS Specialty Care Sites continued

Geriatric Specialty Center at UHS Primary Care JC.....763-6075
507 Main Street, Johnson City, NY

UHS Geriatrics Norwich337-4056
179 N. Broad Street, Norwich, NY

UHS Gynecology.....240-2868
4417 Vestal Parkway East, Vestal, NY

UHS Heart & Vascular Institute763-6580
Wilson Square, Suite 250 (enter via Hudson Street),
30 Harrison Street, Johnson City, NY

UHS Heart & Vascular Institute Norwich.....337-4040
(Located at UHS Chenango Memorial Hospital)
179 N. Broad Street, Norwich, NY

UHS Heart & Vascular Institute Vestal.....729-8833
4417 Vestal Parkway East, Vestal, NY

UHS Nephrology.....762-2251
(Located at UHS Binghamton General Hospital, 5th Floor)
27 Park Avenue, Binghamton, NY

**UHS New Horizons Alcohol & Chemical Dependency
Treatment Center.....762-3232**
(Located at UHS Binghamton General Hospital)
10-42 Mitchell Avenue, Binghamton, NY
Addiction Treatment Center at UHS Delaware Valley Hospital.....865-2100

UHS OB/GYN.....763-8088
Wilson Square, Suite 340, 30 Harrison Street, Johnson City, NY

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UHS Specialty Care Sites continued

UHS Occupational Medicine762-2333
33 Mitchell Avenue, Suite 204, Binghamton, NY

UHS Orthopedics771-2220
4433 Vestal Parkway East, Vestal, NY

UHS Orthopedics Norwich337-4950
4 Newton Avenue, Norwich, NY

UHS Otolaryngology (ENT - Ear, Nose and Throat)763-8102
Wilson Square, Suite 355, 30 Harrison Street, Johnson City, NY

UHS Otolaryngology Norwich (ENT - Ear, Nose and Throat)337-4368
Eaton Center, 32 Conkey Avenue, Norwich, NY

UHS Pain Management.....748-7468
52 Harrison Street, 2nd Floor, Johnson City, NY

UHS Perinatal Center.....763-6101
(Located at UHS Wilson Medical Center)
33-57 Harrison Street, Johnson City, NY

UHS Plastic Surgery.....772-6266
(Located at UHS Binghamton General Hospital, 2nd Floor)
27 Park Avenue, Binghamton, NY

UHS Podiatry Chenango Bridge648-7625
91 Chenango Bridge Road, Binghamton, NY

UHS Podiatry Oneonta772-8722
179 River Street, Oneonta, NY

UHS Podiatry Vestal.....772-8772
4433 Vestal Parkway East, Vestal, NY

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UHS Specialty Care Sites continued

UHS Radiation Oncology.....763-8181
22 Harrison Street, Johnson City, NY

UHS Rheumatology.....770-7365
4433 Vestal Parkway East, Vestal, NY

UHS Sleep & Neurodiagnostic Center.....762-2048
93 Pennsylvania Avenue, Binghamton, NY

UHS Sports Medicine.....771-2220
4433 Vestal Parkway East, Vestal, NY

UHS Surgery.....763-8100
Wilson Square, Suite 455, 30 Harrison Street, Johnson City, NY

UHS Surgery Norwich.....337-4950
4 Newton Avenue, Norwich, NY

UHS Urogynecology625-5004
8836 State Route 434, Apalachin, NY

UHS Urology.....763-8101
Wilson Square, Suite 460, 30 Harrison Street, Johnson City, NY

UHS Weight Loss Management Program (Bariatric Surgery).....763-8008
507 Main Street, Johnson City, NY

UHS Wound Care Center762-3131
(Located at UHS Binghamton General Hospital)
10-42 Mitchell Avenue, Binghamton, NY

Homeless Resources

Emergency Shelters and Housing

Broome County Council of Churches724-9130
(Faith and Action Volunteers)

New Hope Center/Emergency Shelter for DV687-6866
Tioga County toll free (800) 696-7600

Southern Tier Chapter of the American Red Cross785-7207
620 E. Main Street, Endicott, NY

Tioga Opportunities Housing Department687-0707

Addiction Crisis Center723-3321
247 Court Street, Binghamton, NY 13901

**Berkshire Farm Center & Services for
Youth LIFE House Program.....**772-3123
2-8 Hawley Street, Binghamton, NY toll free (866) HELP-130

Catholic Charities Teen Transitional Living Program584-7800
86-88 Walnut Street, Binghamton, NY

Fairview Recovery Services722-8987
5 Merrick Street, Binghamton, NY 13904

SOS Shelter (*only for domestic violence victims*)754-4340
P.O. Box 393, Endicott, NY 13761

Volunteers of America772-1157
320 Chenango Street, Binghamton, NY 13901

YMCA772-0560
61 Susquehanna Street, Binghamton, NY 13901

YWCA.....772-0340
80 Hawley Street, Binghamton, NY 13901

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Homeless Resources continued

Mental Health Association Project Uplift771-8888
153 Court Street, Binghamton, NY 13901

Whitney Place Rescue Mission201-1030
56-58 Whitney Avenue, Binghamton, NY 13901

Opportunities for Broome723-6493
5 West State Street, Binghamton, NY 13901

Salvation Army Adult Rehab Center723-5381
3-5 Griswold Street, Binghamton, NY 13904

Broome County Family Type Homes

Level 1 Family-Type Homes: Homes for adults that are certified by New York State Department of Social Services. Services included are: room, board, care and/or supervision from one to four elderly and/or disabled residents in a family type environment. Supervised by Broome County Department of Social Services.

For more information, call:

Dan Soltis
36-42 Main Street
Binghamton, NY 13905
778-2702

Level 1 Family Homes for the Elderly: Private homes for one or two individuals supervised by Family and Children's Society. Elderly or disabled individuals who can no longer live alone safely move into the home of a professionally trained care giver. Care giver and client are carefully matched to meet individual needs. Practical assistance and emotional support are offered by case managers who visit regularly. On call staff provide emergency coverage. Helps avoid or delay nursing home placement.

For more information, call:

Family and Children's Society – "home care division"
772-9776

Nutrition Education & Emergency Food Service

Catholic Charities of Broome County.....723-4563
232 Main Street, Binghamton, NY 13905

Community Hunger Outreach Warehouse (CHOW).....724-9130
Program of Broome County Council of Churches
3 Otseningo Street, Binghamton, NY 13903

Community Meals & Independent Food Pantries211 or (800) 901-2180
P.O. Box 550, Binghamton, NY 13902

Meals on Wheels: Binghamton Area778-6205
85 Walnut Street, Binghamton, NY 13901

Meals on Wheels: Delaware County.....746-1710
Delaware County Senior Dining Program
Delaware Opportunities Inc.
35430 State Highway 10, Hamden, NY 13782

**Meals on Wheels: Endicott, Johnson City
& Western Broome754-7856**
705 West Main Street, Endicott, NY 13760

Meals on Wheels: Harpursville693-1566
P.O. Box 148, Harpursville, NY 13787

Meals on Wheels: Whitney Point692-2653
12 Strong's Place, Whitney Point, NY 13862
Nutrition Program: 692-3405

Southern Tier Care Coordination798-1721
Now hosting a CHOW location every Tuesday 1-7pm
at their Carriage House
22 Riverside Drive
Binghamton, NY 13905

Day Care for Adults

Emeritus at Woodland Place771-1700

Senior Day Program for Seniors with Alzheimers/Dementia
421 Plaza Drive, Vestal, NY 13850

Golden Days: Susquehanna Nursing Home729-9206

282 Riverside Drive, Johnson City, NY 13790

Yester-Years Day Program for Adults778-2946

C/O Office for Aging778-2411

P.O. Box 1766, Binghamton, NY 13902

Hospice Care

Broome, Tioga, and portions of Chenango County:

Lourdes Hospice**798-5692**

Chenango County:

Hospice of Chenango County..........**334-3556**

Delaware/Otsego/Schoharie County:

Catskill Area Hospice**432-6773**

Cortland County:

Caring Community Hospice of Cortland**753-9105**

Chemung/Schuyler/Steuben County:

Carefirst Hospice**962-3100**

Tompkins County:

Hospicare..........**272-0212**

Tioga County, Pennsylvania:

Susquehanna Home Care and Hospice..........**(570) 723-0760**

Susquehanna County, Pennsylvania:

Asera Care Hospice..........**(570) 586-4573**

Susquehanna/Wayne/Wyoming/Monroe/

Carbon/Lackawanna County, Pennsylvania:

Hospice of the Sacred Heart**(570) 706-2400**

Social Services: Broome County

General website for Broome County Social Services:
www.gobroomecounty.com

Action for Older Persons722-1251
32 West State Street Colonial Plaza, Binghamton, NY

Broome County Office for Aging:778-2411
Caregiver Resource Center
P.O. Box 1766, 60 Hawley Street, Binghamton, NY

Broome County Public Assistance

36-42 Main Street, Binghamton, NY

Food Stamps (SNAP).....	778-1100
Heating Assistance Program (HEAP)	778-1100
Medicaid	778-1100
Medicaid (Nursing Home).....	778-2793
Medicare Information.....	(800) 633-4227
Protective Services (Adult).....	778-2635
Protective Services (Child).....	778-2647
Temporary Assistance	778-1100

Broome County & Chenango County Legal Assistance.....723-7966

EPIC (NYS Prescription Plan).....(800) 332-3742

First Call for Help211 or (800) 901-2180

Gaining Resources for Older Workers (GROW).....778-6105

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Social Services: Broome County continued

Retired Senior Volunteer Programs (RSVP).....729-9166

**Social Security Disability (SSD) & Supplemental
Security Income (SSI)(866) 964-3971**
Social Security Administration Federal Building toll free (800) 772-1213
Binghamton, NY

Veterans Affairs Division, NYS.....778-2147
County Office Building
P.O. Box 1766, Binghamton, NY

Veterans Affairs Outpatient Clinic.....772-9100
425 Robinson Street, Binghamton, NY

Veterans Benefits Information(800) 827-1000

**ACCES-VR: Adult Career & Continuing
Education Services - Vocation Rehabilitation.....721-8400**
County Office Building toll free (800) 888-5010
44 Hawley Street, 7th Floor, Room 705
Binghamton, NY

Senior Centers

Deposit	467-3953
14 Monument Street, Deposit		
Eastern Broome	693-2069
27 Golden Lane, Harpursville		
East Side	723-4292
254 Robinson Street, Binghamton		
Broome West	785-3427
2801 Wayne Street, Endwell		
First Ward Binghamton	729-6214
226 Clinton Street, Binghamton		
Johnson City	797-1149
30 Brocton Street, Johnson City		
Northern Broome	692-3405
12 Strong Place, Whitney Point		
Oak Street Binghamton	724-1220
9 Leroy Street, Binghamton		
Vestal	754-9596
201 Main Street, Vestal		
North Shore Towers	772-6214
24 Isbell Street, Binghamton		

Counseling Services

UHS Comprehensive Psychiatric Emergency Program (CPEP) Hotline 762-2302
.....toll free (800) 451-0560
(The CPEP Crisis Center is located in the Emergency Room at UHS Binghamton General Hospital)
Park Avenue, Binghamton, NY

UHS Outpatient Mental Health Clinic..... 762-2340
33 Mitchell Avenue, Suite G80, Binghamton, NY

Addiction Center of Broome County 723-7308
30 West State St., Colonial Plaza, Binghamton, NY

Binghamton University Psychological Clinic..... 777-2103
Vestal Parkway East: Clearview Hall
P.O. Box 6000, Binghamton, NY

Broome County Mental Health Clinic..... 778-1152
1 Hawley Street, Second Floor, Binghamton, NY

Caregiver Services: Broome County Office for Aging 778-2411
44 Hawley Street, P.O. Box 1766, Binghamton, NY

Catholic Charities of Broome County..... 729-9166
232 Main Street, Binghamton, NY

Catholic Charities Youth Services 584-7800
86 Walnut Street, Binghamton, NY

Crime Victim's Assistance Program 722-4256
377 Robinson Street, Binghamton, NY

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Counseling Services continued

Griefwork: The Healing Journey.....770-7670
C/O Steffensen Associates, 382 Main Street, Johnson City, NY

Family and Children's Society729-6206
257 Main Street, Binghamton, NY

Samaritan Counseling Center687-0226
202 East Main Street, Endicott, NY

Senior Peer Counseling729-6206
Elder Family Service, Family & Children's Society
257 Main Street, Binghamton, NY

Southern Tier Independence Center724-2111
24 Prospect Avenue, Binghamton, NY

Associations and Foundations

American Cancer Society..... 24 hours/day: (800) 227-2345
13 Beech Street, Johnson City, NY 786-7736

American Heart Association..... 723-0208
59 Court Street; Fourth Floor, Binghamton, NY

Arthritis Foundation Central New York Chapter..... 798-8048
Broome County Branch, 169 Riverside Drive, Binghamton, NY

Association for Vision Rehab and Employment 724-2428
174 Court Street, Binghamton, NY

Helping Hands of Broome County..... 729-7084
(For cancer patients who are struggling financially, funds to help pay for medical expenses and transportation, as well as gas, groceries and other expenses)
Wilson Square, 30 Harrison Street, Suite 102, NY

National Multiple Sclerosis Society: 724-5464
toll free (800) 344-4867

Muscular Dystrophy Association (800) 572-1717

Retailers for Medical Equipment & Supplies

UHS Home Care763-5600
.....toll free (800) 295-2212

601 Riverside Drive, Johnson City, NY
(Serves Broome and some neighboring counties)

UHS Home Care Norwich336-5130
Eaton Center, 26 Conkey Avenue, Norwich, NY

UHS Professional Home Care Ithaca257-1425
Ithaca Shopping Center, Suite 4, 222 Elmira Road, Ithaca, NY

Lincare757-0584
732 Vestal Parkway East, Suite 4, Vestal, NY

Apria Healthcare754-3511
3116 Watson Blvd, Endwell, NY

Lourdes Health Support724-0115
1155 Upper Front Street, Binghamton, NY

Hanger Prosthetics and Orthotics
65 Pennsylvania Avenue, Binghamton, NY771-4672
635 Main Street, Johnson City, NY797-1246

Klemmt Orthopedic Services770-4400
130 Oakdale Road, Johnson City, NY

Penn York Medical Supplies773-3622
69 Main Street, Binghamton, NY

Wayne Health Services..........(570) 253-6770
600 Maple Avenue, Honesdale, PA

Med Supply Depot..........(800) 458-2279
1393 Elmira Street, Sayre, PA

Outpatient Rehabilitation Locations

UHS Physical Therapy & Rehabilitation

UHS Binghamton General Hospital

Outpatient Lymphedema Therapy, Park 1	763-6033
Outpatient Neurorehabilitation Therapy, Krembs Ground	762-2100
Outpatient Pediatric Therapy, Krembs Ground Floor	762-2100
Outpatient Speech-Language Pathology, Krembs Ground.....	762-2100

UHS Wilson Medical Center

Inpatient PT & Rehabilitation, North Tower 1	763-6033
Binghamton, Outpatient Neuropsychology, 93 Pennsylvania Ave.	762-2048
Chenango Bridge, 91 Chenango Bridge Road	648-9292
Endicott, 1302 East Main Street.....	757-2600
Norwich, 26 Conkey Avenue (<i>behind the Eaton Center</i>)	337-4227
Vestal, 4433 Vestal Pkwy East (<i>across from Binghamton University</i>).....	729-7000
Walton, UHS Delaware Valley Hospital, 1 Titus Place	865-2155

Apalachin Physical Therapy625-2022
6843 Rt 434, Apalachin, NY

Broome Orthopedic & Sport Physical Therapy (Greg Peake).....729-2200
800 Valley Plaza, Suite 9, Johnson City, NY

Chenango Bridge Physical Therapy.....648-4646
1 Kattelville Road, Binghamton, NY

Greene Physical Therapy656-4464
33 North Chenango Street, Greene, NY

Hand Therapy of Greater Binghamton729-0044
174 Oakdale Road, Johnson City, NY

Kipp Cooper334-5074
26 Conkey Avenue, Norwich, NY

Continued next page

Outpatient Rehabilitation Locations continued

Lourdes Physical Therapy

1130 Upper Front Street, Binghamton, NY 584-0113
1020 Vestal Parkway East, Vestal, NY 786-3026
169 Riverside Drive, Binghamton, NY 798-5255

Oakdale Physical Therapy 217-0827

Inside the Court Jester Athletic Club
216 Reynolds Road, Johnson City, NY

On Track Physical Therapy 797-5414

120 Plaza Drive Suite E, Vestal, NY

Park Manor Physical Therapy 748-7890

800 Hooper Road, Endwell NY

Peak Performance 687-7645

115 Hickories Park Road, Owego, NY

Pullano Physical Therapy 748-7369

3125 East Main Street, Endwell, NY

SECO Physical Therapy (2 locations)

4 Cartwright Avenue, Sidney, NY 563-2929
4966 State Route 23, Oneonta, NY 432-1558

Southern Tier Physical Therapy (2 locations)

200 Front Street, Vestal, NY 754-1776
17 Charles Street, Binghamton, NY 771-8181

T E Pastalan & Associates Physical Therapy 648-8776

604 River Road, Binghamton, NY

Walker Physical Therapy 467-5858

137 Front Street, Deposit, NY

Whitney Point Physical Therapy 692-4420

2663 Main Street, Whitney Point, NY

Windsor Physical Therapy 655-2305

88 Chapel Street, Windsor, NY

Clothing Centers

Caring Closet Clothing Bank (Vestal).....754-0056

Provides good used clothing without cost to persons in need.

Vestal Hills Seventh Day Adventist Church

834 Bunn Hill Road, Vestal, NY

Hours: Tuesdays 10:00am–1:00pm

Closed Jun/Jul – Summer emergency by appointment.

Project Concern (Clothing Bank & Household Goods).....648-2492

Provides clothing, household goods and basic necessities. Asks for a \$2.00 donation for each adult to keep lights on and building heated.

23 Kattleville Road, Chenango Bridge, NY

Hours: Mon-Fri 2:00pm–4:00pm; Sat 7:00am–12noon

Clothing Center (Endicott)754-6060

Good clothing supplied to individuals in need.

Please use side door on Union Street.

1600 Butternut Drive, Vestal, NY

Hours: Tues 10:00am–12noon; Thurs 1:00pm–3:00pm

Clothing Center (Maine).....862-3387

Provides FREE clothing to those in need who live in Maine or surrounding areas, unless circumstances are on an emergency basis.

2615 Main Street, Maine, NY 13802

Hours: Tues/Wed/Thurs 9:00am–11:30pm

Emergency Assistance (CSS).....723-4563

Provides food and clothing vouchers for individuals or families in economic crisis situations. Layettes available for newborns. Offers clothing/gift holiday program for children >12 yrs. Sign-up in early October.

100 Main Street, Binghamton, NY

Hours: Mon/Wed/Thurs/Fri 9:00am–12noon; Mon-Fri 1:00pm–4:00pm

Continued next page

Clothing Centers continued

Emergency Material Assistance

Salvation Army – Broome County722-2987

May provide voucher for clothing in case of extreme need verified by referring agency. Christmas baskets/toys for persons in need. Back-to-school program.

Hours: Mon-Fri 9:00am–4:00pm

Helping Hands Women's Clothing Closet.....723-3593

Offers professional women's clothing for job interviews and employment.

Also helps women in need of clothing for church, etc. Will accept clean, gently used clothing in season.

Trinity Episcopal Church, 44 Main Street, Binghamton, NY

Hours: Please call for an appointment

Clothing Giveaway - Carroll Street Ministries760-5085

Provides good used clothing without cost. ***Please call ahead!***

Hours: 12:30pm-1:00pm, when requested

Main Street Baptist Church Clothing Bank723-0031

Offers used clothing that is in good, clean condition. Occasionally has new items donated to help meet community needs.

62 Palmer Road, Binghamton, NY

Hours: Tues/Fri 10:00am–12noon last 2 weeks of month.

Closed for month of May

Perfectly Suited Professional Clothing Bank -YWCA772-0340

Helps to outfit men 7 women with professional clothing for job interviews and employment. Donations of business suits and professional attire may be dropped off at Sall-Stearns, 52 Court Street, Binghamton.

80 Hawley Street, Binghamton, NY

Hours: Mon-Fri 10:00am–2:00pm ***Please Call Ahead!***

Continued next page

Clothing Centers continued

Project Uplift - MHAST.....771-8888

Serves homeless persons with mental illness and those individuals at risk of becoming homeless. Offers unique blend of traditional/non-traditional case management services to link, monitor, coordinate and provide case-specific advocacy to homeless individuals. Offers referrals to sources of shelter, housing, food, clothing, medical/psychiatric care, supportive case management and socialization.

153 Court Street, Binghamton, NY

Hours: Mon-Fri 8:30am–4:30pm

Downtown Thrift237-0228

29 Court Street, Binghamton, NY

Lighthouse Thrift770-1455

65 Glenwood Avenue, Binghamton, NY

Samaritan House - Binghamton724-3969

Provides free household furnishings, children's clean usable clothing and miscellaneous items, personal hygiene products, toiletries and supportive assistance to those in need. No large appliances (no refrigerators, no stoves, no washers, no dryers). Clients may get personal care/grooming needs once per month. Clients may ask for furniture and other household items 1x every 6 months. Accepts clean, usable household furnishings, baby and children items, hygiene products and financial donations from caring, generous donors.

Donor Hours: Mon-Thurs 9am–12noon and 1pm–4pm

Hours: M-Th 9am–12noon & 1pm–4pm; *CLOSED to public on Fridays*

Continued next page

Clothing Centers continued

Salvation Army Thrift Store - Binghamton and Endicott.....723-5381

Sells household goods and clothing at a low cost. Offers 50% sale on some clothing and shoes on Wednesday. Rotating sales. Fitting rooms close Mon-Fri at 7:30pm and Sat at 4:30pm. Furniture must be picked up by 4:30pm.

Locations:

3-5 Griswold St., Binghamton, NY

703 E Main St., Endicott, NY

Hours: Mon-Friday 9am-8pm

Hours: Mon/Tues/Fri/Sat 9am-5pm

Saturday 9am-5pm

Wed/Thurs 9am-9pm

Thrift Store - Ladies of Charity.....723-0194

Provides good used clothing to those most in need. Vouchers ONLY on Wednesday 10am–3pm and 6:30pm–8pm. Provides used clothing and foot apparel at a very low cost to public. All goods in store dependent on donations from public. Donated items must be clean and in “nearly new” conditions to be usable. People with most serious needs may obtain vouchers from social service agencies to receive items at no cost. Vouchers will note day and time to be used. Staffed and operated by volunteer members of Ladies of Charity.

100 Main Street, Binghamton, NY

Hours: Tues/Thurs/Sat 10am–3pm & Fri 10am–12:30pm

Senior Living in Broome County

Assisted Living

Designed for people who want to live in a community setting and need help functioning, but who do not need as much care as they would receive at a nursing home. Residents are provided assistance with activities of daily living such as eating, bathing and using the bathroom and taking medication.

UHS Senior Living at Ideal	786-7306
Emeritus at Woodland Place.....	771-1700
Good Shepherd Fairview	724-2477
The Hearth at Castle Gardens	341-7017
United Methodist Homes-Hilltop Campus	729-2305
United Methodist Homes-St Louise Manor.....	729-2305
Woodland Manor.....	722-3422

Adult Care

Provides minimal assistance with personal care, medication supervision, housekeeping and three meals a day.

UHS Senior Living at Ideal	786-7306
Hilltop Manor.....	729-2305
Good Shepherd Fairview	724-2477
Good Shepherd Village at Endwell	757-3100
St. Louise Manor- Elizabeth Church Manor	729-2305
Woodland Manor.....	722-3422
The Hearth at Castle Gardens	341-7017

Continued next page

Senior Living in Broome County continued

Independent Living

This is for seniors who do not require adult care and who function independently, but prefer to live in a setting where outdoor maintenance is managed.

UHS Senior Living at Ideal	786-7306
Good Shepherd Fairview	724-2477
Good Shepherd Village at Endwell	757-3100
Hilltop Manor	729-2305
St. Louise Manor - Elizabeth Church Manor	729-2305
The Hearth at Castle Gardens	341-7017
Woodland Manor.....	722-3422

Neither Medicare Parts A or B offer coverage for the above types of living. Costs for these facilities can vary widely depending on the size of the living areas, services provided, types of health care needed and where the building is located. Residents usually pay a monthly rate and then pay additional fees for services provided.

Skilled Nursing Facilities – Broome County

These facilities provide Short Term Rehabilitation and Long Term Placement. Please contact the admissions office at these facilities to obtain additional information on insurance coverage and availability. The average monthly cost for an Assisted/ Adult Care Facility in Broome County is \$3,594 for a private room. Please contact the facilities Admission Offices for further information on costs and availability.

UHS Senior Living at Ideal.....786-7306
508 High Avenue, Endicott, NY

Absolut Center for Nursing and Rehabilitation at Endicott.....754-2705
31 Nantucket Drive, Endicott, NY

Bridgewater Center for Rehabilitation & Nursing.....722-7225
159 Front Street, Binghamton, NY

Elizabeth Church Manor.....729-2305
863 Front Street, Binghamton, NY

Good Shepherd Fairview Home.....724-2477
80 Fairview Avenue, Binghamton, NY

United Methodist Homes.....729-2305
James G. Johnson Nursing Home
286 Deyo Hill Road, Johnson City, NY

Susquehanna Nursing Home729-9206
282 Riverside Drive, Johnson City, NY

Vestal Park Rehab & Nursing Center754-4105
3700 Old Vestal Road, Vestal, NY; and
425 Robinson Street, Binghamton, NY

Willow Point Nursing Home763-4400
3700 Old Vestal Road, Vestal, NY

Skilled Nursing Facilities – Neighboring Counties

These facilities provide Short Term Rehabilitation and Long Term Placement. Please contact the admissions office at these facilities to obtain additional information on insurance coverage and availability.

Tioga County:

Riverview Manor.....687-2594
510 Fifth Avenue, Owego, NY

Elderwood Healthcare at Tioga.....565-2861
37 North Chemung Street, Waverly, NY

Susquehanna County:

Barnes Kasson Nursing Facility(570) 853-3135
2872 Turnpike Street, Susquehanna, PA

Meadowview Senior Living.....(570) 278-3836
RR 4 Box 4000, Montrose, PA

Chenango County:

UHS Senior Living at Chenango Memorial337-4019
179 North Broad Street, Norwich, NY

New York State Veteran's Home.....843-3121
4211 State Highway 220, Oxford, NY

Norwich Rehab & Nursing Center.....336-3915
88 Calvary Drive, Norwich, NY

Valley View Manor334-9931
40 Park Street, Norwich, NY

Continued next page

Skilled Nursing Facilities – Neighboring Counties

Delaware County:

UHS Delaware Valley Hospital Swing Bed865-2177
1 Titus Place, Walton, NY

Delhi Rehabilitation and Nursing Center464-4444
41861 State Highway 10, Delhi, NY

O'Connor Hospital Swing Bed.....746-0416
460 Andes Road, Delhi, NY

Robinson Terrace652-7521
28652 State Highway 23, Stamford, NY

Cortland County:

Cortland Park Rehab & Nursing Center756-9921
193 Clinton Avenue, Cortland, NY

Cortland Memorial Hospital - Nursing Facility756-3900
134 Homer Avenue, Cortland, NY

Crown Center for Nursing & Rehab753-6060
28 Kellogg Road, Cortland, NY

Inpatient Rehabilitation Services at UHS

UHS Transitional Care Unit:

Located at UHS Binghamton General Hospital (Krembs 6), the UHS Transitional Care Unit is a 20 bed Medicare-certified, skilled nursing unit for patients who have progressed beyond hospital care, but who still require 24 hour supervision for a short period of time before returning home. The unit cares for patients who require IV's, tube feeding, daily injections and therapies, sterile dressing changes, nutritional assessments or skilled medical observation. To qualify for Medicare coverage, patients must have a three day inpatient qualifying stay at UHS within the last 30 days. Length of stay must be anticipated to be between 5-20 days.

UHS Sandiford Rehabilitation Center:

Located at UHS Binghamton General Hospital (Krembs 4). UHS Sandiford Rehabilitation Center is an acute inpatient rehabilitation program where patient's are required to participate in 3 hours of therapy a day. A three day qualifying stay is not required for this level of care. Evaluation by a physiatrist is required for admission to this unit.

**For more information on the
UHS Transitional Care Unit or the
UHS Sandiford Rehabilitation Center (607) 762-3855**

Summation

Please note that this list of services is NOT all inclusive of the community services offered in Broome, Chenango, Delaware and Tioga Counties. For further listings, please refer to the Yellow Pages of your local phone book.

Thank you for choosing UHS.

Notes:



UHS Wilson Medical Center
UHS Binghamton General Hospital
UHS Physician Practices

nyuhs.org



UHS Chenango Memorial Hospital
UHS Delaware Valley Hospital
UHS Senior Living at Ideal

UHS Medical Group
UHS Home Care
UHS Foundation