We are welcoming fabric masks from our community as we prepare for COVID-19.

Thank you so much for your interest and care.
Orders for standard/disposable masks are on back-orders, due to both demand and supply chain issues. Other hospitals across the country are reporting the same supply concerns.

According to the CDC, fabric masks are a crisis response option when other supplies have been exhausted.

Details about making/delivering fabric masks for our staff

- The pattern is courtesy of The Turban Project
- Use tightly-woven cotton fabric on both sides.
- Please remember that both women and men in a variety of roles may wear these masks.
- When your masks are complete, email us at UHSFoundation@nyuhs.org to arrange for delivery. We also have drop off locations at:
  - DVH: DVH Community Pharmacy, 1 Titus Place, Walton from 8 AM - 8 PM M-F Saturday and Sunday 8 AM- Noon
  - CMH: UHS Occupational Medicine, 54 E. Main Street, Norwich from 1 PM - 4 PM M-F
  - Wilson and BGH: Vestal Orthopedics Building, Vestal Parkway, M-F 9 AM - 5 PM, Saturday 8 AM - 11 AM

- Collected masks will be immediately sent to laundry/processing to be prepared for use.
- Any surplus masks will be distributed to other organizations in need.
How to make a Face Mask

What you will need:

- Cotton fabric, a pretty print is best.
- Rope Elastic, beading cord elastic will work (you may also use 1/8” flat elastic)
- Cut the elastic 7” long and tie a knot at each end (DO NOT knot the ends of the flat)

You can make two sizes: Adult or Child

1. Put right sides of cotton fabric together
   - Cut 9x6 (Adult) or 7.5 x 5 (Child)
2. Starting at the center of the bottom edge, sew to the first corner, stop. Sew the elastic with the edge out into the corner. A few stitches forward and back will hold this.
3. Sew to the next corner, stop, and bring the other end of the same elastic to the corner and sew a few stitches forward and back.
4. Now sew across that top of the mask to the next corner. Again put an elastic with the edge out.
5. Sew to the next corner and sew in the other end of the same elastic.
6. Sew across the bottom leaving about 1.5” to 2” open. Stop, cut the thread. Turn inside out.
7. Pin 3 tucks on each side of the mask. Make sure the tucks are the same direction
8. Sew around the edge of the mask twice.

    It is so easy to make this.

    Be sure any fabric design is placed horizontally.